

# The Wanderer

March 2018



## Presidents Message

Hello and welcome to the 2018 football season.

Being March, it's madness time, when everything that needs to be done to put players on the field in April is finalised. There is an enormous amount of work that is required, that starts in the beginning of February, and goes through to the first competition game, to register players, to place players into teams, to place teams into competitions, to recruit managers and coaches for each team, to ensure they all have their correct playing gear, to ensure they all have somewhere to train, to ensure they all get their cards and balls, bibs and cones. This doesn't happen without volunteers, to our wonderful Age coordinators who spend weeks ensuring that everyone gets to play, to our registrar and treasurer, who have the added challenge of Active Kids rebate, making sure players have correctly registered, so that they can obtain their playing card, to the gear manager, who has early season battles with suppliers of our gear, to the wonderful training allocation officer, who has the job of fitting all our teams into our playing space, our new coaching coordinator who has organised coaching courses, to the committee who meet every two weeks to keep the wheels, turning, these un-sung heroes of the club, people who manage to fit 26 hours in a day, so that the Hurlstone Park Football club can participate in the 2018 season.

So, if you're not volunteering, yourself, then perhaps its time you should. A few hours of your time, builds into a crescendo of work, when you have 1400+ players, 50% of whom are still at school and have access to wonderful parents. Let's make 2018 the season, where the volunteer culture continues to build at Hurlstone Park, where people are turned away from doing jobs, because too many people have come forward, where the joy of running a Grass Roots football club, is spread across all those who play or come to watch and benefit from playing the beautiful game.

Our values for 2018 haven't changed. 'Let Kids be Kids', and we will continue to support the campaign to remove poor side line behaviour from parents, which will include the 'Shoosh for Kids' campaign. So please remember, if your comment is negative, whether directed at a player a coach or a match official, then SHOOSH.

This also leads into our next value which is respect for officials. I can not emphasise this strongly enough, please do not under any circumstances, abuse a match official. The club has a zero tolerance for such behaviour, and your registration will be considered if you offend. Match officials are people, they make errors, just like players do. Many of our match officials for are children, and abusing match officials who are children, is bullying, and will not be tolerated. At HPW we respect all officials, we thank them for giving up their time, so that we can participate in Grass roots football.

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## Key dates for 2018

13th March - 2018 Training commences
25th March - Bruce Drake Memorial Game
7th April - 1st Saturday of CDSFA Competition games
8th April - 1st Sunday of CDSFA Competition games
7-22nd April 2018 AFC Women's Asian Cup
25th May - Charity Trivia Night
26/27th May - CDSFA Charity Round Weekend
15th June – 15th July 2018 Men's FIFA World Cup
17th June - Volunteers Thankyou Evening
21st July - Everyone Can Play Day
18th/19th Aug - Final weekend of CDSFA competition
25th Aug - Family Fun Day

[continued page 2]



## Presidents Message (continued)

Diversity and inclusion are also key values, and we continue to make strides, with our 'Everyone can play day', but there are still instances where we fail, and where the committee has to intervene when some players are not wanted, for a variety of reasons. Every player who registers with us deserves the right to play. Where players think about 'winning' over participation, that leads to poor decisions, and that leads to players being excluded rather than included. We have been here since 1924, we are a grassroots club, our heritage is deep with participation, not medals, and one of our core values is football for all

There is so much more to discuss, 2018 is a 'men's' world cup year, and the women's world cup qualifying year, so involve and surround yourself with football, get out, be seen, lend a hand, and lets work together to make 2018 a great year for all.

Mark Higgins  
President

Email: [president@hurlstoneparkwanderers.com.au](mailto:president@hurlstoneparkwanderers.com.au)



## Charity Round 2018

This years we will again be supporting the #forthehurl Charity Round, set for 26/27 May.

More information will be available in the coming weeks however time to dig out the pink socks from last year and get your mates together to form a team for the Charity Round Trivia Night on 25 May. Option will be again be available to purchase Pink Jerseys.

For more information email: [fundraising@hurlstoneparkwanderers.com.au](mailto:fundraising@hurlstoneparkwanderers.com.au)

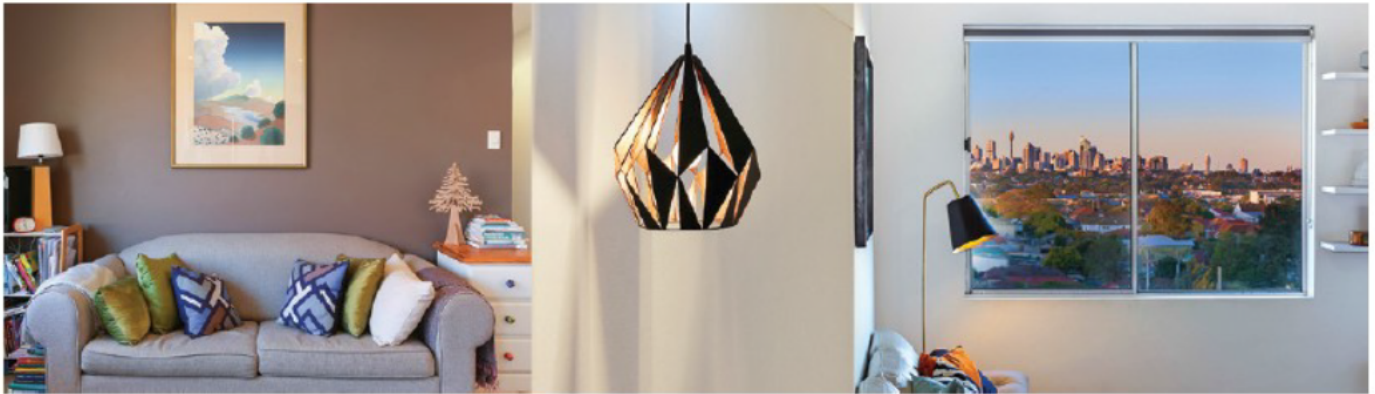






HURLSTONE PARK  
WANDERERS FC

# R&W Hurlstone Park PROUD SPONSORS



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## SELLING HOMES IN HURLSTONE PARK SINCE 1971

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## Life Members appointed at the 2017 AGM

We are proud to announce that the following members of the Hurlstone Park Wanderers community were honoured with Life Membership at our recent AGM.

Thank you to you all for your ongoing support.

### Rod and Pat Jenkins

Rod and Pat Jenkins were awarded Life Membership of Hurlstone Park Wanderers Football Club at the 2017 AGM, for their outstanding years of service to the club. Rod, for many years, has been at the parks before sunrise, and Pat is the life and soul of the canteen operations. We thank them for their never ending efforts, and congratulate them on their appointments.

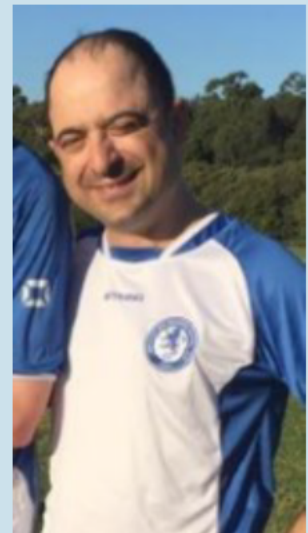


### Rosalie Viney and Steven Cumming

Rosalie and Steven were awarded Life Membership of Hurlstone Park Wanderers Football Club at the 2017 AGM for over 10 plus years of outstanding service. Rosalie has many roles, from Competition Secretary, Age Coordinator and CDSFA representative. Steven has been our MPIO, Age coordinators for the mini-roos, but more than that for many years they have both been a consistent presence at Ewen or Beaman every weekend, helping out operationally. We thank them for the contribution to the club and congratulate them on their appointments.

### Jim Athan

Jim Athan was awarded Life Membership of Hurlstone Park Wanderers Football Club at the 2017 AGM, for years of outstanding service, as club registrar, and committee member. Jim has led the association with the transfer to electronic registration and his appointment as Life Member is both overdue, and recognition of his contribution to the running of Football Club. Congratulations Jim.





## Offseason Travelling Hurlo Competition

During the off season we had a lot of fun with our Travelling Hurlo Competition, some truly wonderful entries from all corners of the footballing world A selection of some of our favourites are below. To see all the entries, visit our Facebook and Instagram accounts.



### 2017/18 Offseason #Travelling Hurlo Winners

We are pleased to announce the winners of the Offseason Travelling Hurlo for 2017/18 are:

- ⇒ 1<sup>st</sup> prize: Jane Nice and crew in the snow from Fernie, British Columbia Canada
- ⇒ 2<sup>nd</sup> prize: Beth O'Connor from the Taj Mahal India
- ⇒ 3<sup>rd</sup> prize: Darren Clark: Hurlstone Park Wanderers sock....Salvador Dali....Tate Modern...London

Congratulations to all our winners and thank you to everyone who sent a photo in to us. Keep sending in your photos throughout the year.



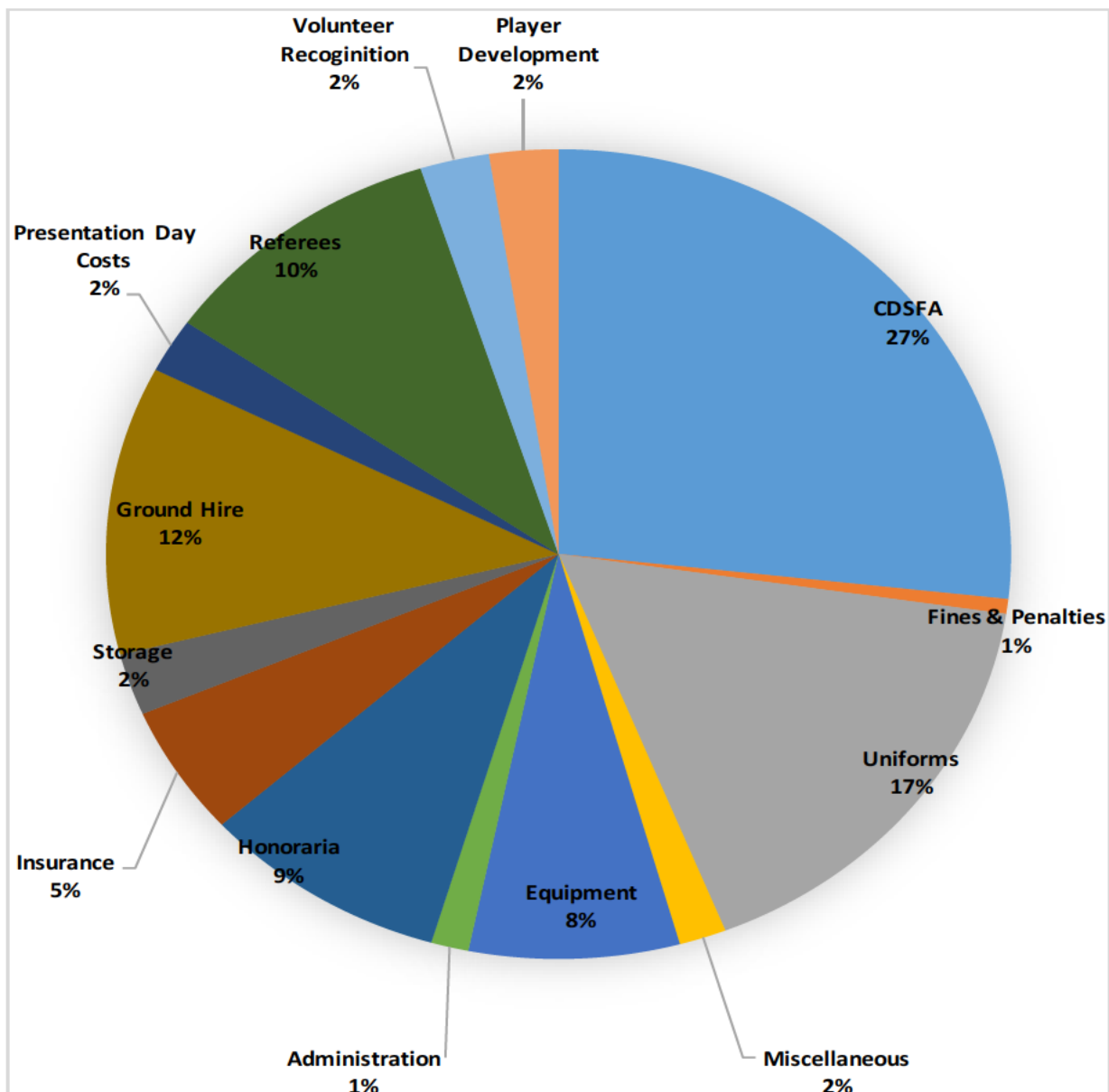
## Treasurers Update

To the Hurlstone Park Wanderers Community,

I have recently taken on the role as Treasurer of the Hurlstone Park Wanderers Football Club . Whilst I have had limited experience working with non-profit Associations, I do have over 20 years of experience working with small to medium sized businesses advising on all facets of their operations.

To gain a better understanding of Hurlstone Park Wanderers operations I thought I would undertake a simple exercise to ascertain “where the money goes”. Having been involved with the club as a parent, player and coach, I was always interested in where the money went (being a numbers man)!

Therefore, I undertook a quick exercise in reviewing the 2017 audited accounts and ascertaining, as a percentage of overall costs, where your money goes. In short, please find a graphical representation of where the funds are spent.



**Hurlstone Park Wanderers Allocation of Costs**





## Treasurers Report .... continued

On reviewing this graph I note the following points that I feel need a mention:

- The major expense item is “CDSFA” fees. For those that may not be aware, the CDSFA is the “Canterbury District Soccer Football Association”. This fee enables our teams to compete in the District’s various competitions. As the younger players do not compete in organised competitions against other clubs, this is reflected in their reduced registration fees. Fees paid to the CDSFA also include an insurance component.
- In my experience advising businesses, administration costs vary somewhere between 5% - 10% of the total operating costs of a business. I was surprised that Hurlstone Park Wanderers operates on administration costs of just 1%. This result could only be achieved with the generous time provided by the various people that assist with administering HPWFC on a volunteer basis.
- While still only a small amount Fines and Penalties are equivalent to our Administration Costs. As a “bean counter” this is one cost that I find difficult to comprehend. Most people do the right thing, but unfortunately, the Club is responsible for the conduct and behaviour of all players. Unfortunately, there are a very small minority that make the choice to behave in a way that results in Hurlstone Park Wanderers incurring a financial penalty.
- The Club spends approximately 25% of money available on equipment and uniforms. The committee is looking at ways of reducing this cost and managing expenditure on “uniforms”;
- Finally, and most importantly, if you look at the cost structure, is there someone you know, or something you could do, to assist in reducing these costs? Consider the following:
  - Do you operate a restaurant, or other hospitality enterprise, where you would be willing to provide vouchers to our generous volunteers? Alternatively, may you be able to provide your venue for our annual volunteers evening?
  - Do you know anybody that could assist with our annual audit requirement on a pro-bono basis?
  - Do you have access to a business that may be able to provide supplies to our canteen, or BBQ, at a concessional rate?
  - Do you have access to any storage space that may be suitable for holding the Hurlstone Park Wanderers equipment and other items at a pro-bone rate or concessional rate.

As a first timer in an established volunteer’s role, I am absolutely amazed at the level of commitment that the various committee members, coaches, managers, age coordinators, and others provide to ensure that Hurlstone Park Wanderers remains a viable proposition to enable our families to enjoy playing football. If you can assist with providing support for any component for the management and administration of Hurlstone Park Wanderers then please feel free to contact any Hurlstone Park Wanderers committee member.

Anthony Maher  
Treasurer

Email: [treasurer@hurlstoneparkwanderer.com.au](mailto:treasurer@hurlstoneparkwanderer.com.au)



HURLSTONE PARK  
WANDERERS FC



We have helped  
**over 200 women**  
through their  
pregnancies



Our clinic has  
helped over  
**4000 patients**  
in the last  
8 years

We have  
gone from  
a one man  
show to a  
**team of**  
**9**



The  
youngest person  
we have treated  
was **3 weeks old**



We have  
provided  
**soccer club**  
**sponsorship** over  
the last **6 years**



The **oldest**  
**person** we  
have treated  
was 92



We have supported  
**6 local schools** in  
fundraising on over  
10 occasions



We have supported  
the Dulwich Hill &  
Marrickville Fair  
for the last  
**7 years straight**

We have  
**donated over**  
**\$20,000**  
to local charities in  
the last 5 years

**Why? We love our community and  
we want it to thrive and be healthy!**  
Our journey continues, let us be part of yours!



Dulwich Hill **Chiropractic**  
& **Therapeutic** Centre





Terry Wong  
Coaching Co-ordinator

Email: [coaching@hurlstoneparkwanderers.com.au](mailto:coaching@hurlstoneparkwanderers.com.au)

**Pre-season Conditioning**

Are you fit and ready to play? With the season rapidly approaching, there is every chance that you are quickly running out of time to get into shape before the first whistle of the season blows.

**1. Use a dynamic warm up**

The traditional practice of a 5-10 minute jog followed by static stretching has been found to be detrimental to strength, speed and preventing injury. Instead, start with some light jogging, gradually increasing in speed. Then, complete movements that mimic what you will need to do in a game (change direction, pass, shoot, quick starts). Again, gradually increase in intensity. Stretching is best done after activity as a way to recover.

Check out FIFA 11+, a complete warm up program designed to help reduce injuries for age 14 years and up. It takes 20 minutes and is said to reduce lower limb injuries by 39%. For younger age groups, simply incorporate game-based warm up routines.

**2. Hydrate**

With the weather still warm, make sure you stay well hydrated. Ensure all players start training with plenty of water in the system and take breaks every 15-20 minutes to top them up.

**3. Forget long and slow, go short and high**

The traditional practice of going for long, slow runs to build fitness is a massive time suck. Thankfully, there are more efficient ways to build aerobic capacity. Interval training, short bursts of high intensity activity has been found to be the best way to increase a footballer's engine. It's also a lot more specific to how they need to perform in a game. Try high intensity activity bursts (drills or small-sided games) of 3-4 minutes, followed by 1 minute rest (jog or walk); then repeat in sets of 4.

<b>Coaching Courses</b>			
<b>HPW Coaching Clinic – compressed Skills Acquisition Program (u8 to13)</b>	Monday 12 March; 6pm to 8pm	Beaman Park, Vera Ave, Earlwood	<a href="#">For more info &amp; to register, click here</a>
<b>Goalkeeper Training Program</b>	Starts 19 March for beginners, 26 March for intermediate/experienced; from 6pm	Beaman Park, Vera Ave, Earlwood	<a href="#">For more info &amp; to register, click here</a>
<b>Grassroots Football Expo Mini-Roos (u6 to u9)</b>	Wed 4 April; 6pm to 8:30pm	Pratten Park, Arthur St, Ashfield	<a href="#">For more info &amp; to register, click here</a>
<b>Meetings</b>			
<b>Junior (u6-8) Coach/Managers meeting</b>	19 March; 7pm to 8pm	Marrickville Golf Club	Contact: Steve Cumming, <a href="mailto:u6@hurlstoneparkwanderers.com.au">u6@hurlstoneparkwanderers.com.au</a>
<b>Competition (u8G, U9+mixed/boys, women's, men's) Coach/Managers meeting</b>	26 March; 7pm to 9pm	Marrickville Golf Club	Contact: Terry Wong, <a href="mailto:coach-ing@hurlstoneparkwanderers.com.au">coach-ing@hurlstoneparkwanderers.com.au</a>

# NEEDED GROUND MANAGERS

Honorary position - April to August - Weekends



**Ground Managers** have an essential role in ensuring football is played throughout the season. It's a great way of enjoying a small part of your weekend amongst local families in the open air at the newly turfed Ewen Park, Beaman Park & Blick Oval.

*Does this sound like something for you?*

Being a Ground Manager involves:

- Supervising parents setting up and packing away field equipment
- Supervising games
- Open and lock change rooms
- Available either Sat/Sun; 8am-12:30pm or 12:30pm to 5:30pm

All training and support is provided by experienced Ground Managers

\* Honorary - payment for services normally volunteered

For all enquiries, contact Robin Hawkes on 0411 744 865 or  
[volunteers@hurlstoneparkwanderers.com.au](mailto:volunteers@hurlstoneparkwanderers.com.au)







## Team Officials and Technical Area Compliance

As for last season, it is a requirement that all Team Officials – e.g. Coach / Manager – will be required to wear a hi-vis Yellow vest at all CDSFA fixtures. Fines apply for non-compliance.

A reminder:

Permitted in the technical area:

- MAXIMUM of TWO Team Officials are permitted within the fence/rope/technical area
- These officials will be required to hold & display a current season Team Official ID Card and be wearing a Yellow vest
- Only players actually participating in a game are permitted in the technical area

Not Permitted in the technical area:

- Non- playing members of the team (e.g. injured, excess squad)
- Additional Team Officials above the Max. 2
- Player's or Team Official's children, partners, friends, etc.
- Club Committee who are NOT acting as a VESTED GROUND OFFICIAL

Vests will be available at the Canteen for pick up where needed.





## Sponsorship Opportunities

Hurlstone Park Wanderers is a not-for-profit local sporting organisation and one of the largest football clubs in the Canterbury District.

Sponsorship opportunities are available to businesses and organisations. By sponsoring the club, you are supporting a leading local sporting club and making a vital contribution to our community. Sponsorship creates goodwill and links your business with positive community experiences.

Sponsorship allows for investment in equipment and facilities to support our players and ensure a successful future. It is an opportunity to have your brand associated with a community run club with over 1400 registered players.

If you are interested or know of any business that would be interested in sponsoring the Hurlstone Park Wanderers, please contact: [sponsorship@hurlstoneparkwanderers.com.au](mailto:sponsorship@hurlstoneparkwanderers.com.au)

## Travelling Hurlo of the Month

This month's travelling Hurlo's are Sinead and Alex, Hurlstone Park Wanderers over30 and over45 players respectively waiting for the Sorrento to Queenscliffe ferry down Mornington Peninsula.

If you have a travel photo in your Hurlstone Park gear and would like to be the 'Travelling Hurlo of the Month', send them through via the email address below or post them to our Facebook, Instagram or Twitter accounts



## Keep in touch via Facebook, Twitter and Instagram

Whilst we will endeavour to keep the website up to date and publish a monthly newsletter through the season, we would like to encourage all players, coaches, managers, parents and supporters to keep in touch via Facebook, Twitter, Instagram or email. Feel free to ask a question or send photos, scores and share stories from your team throughout the season.

Website: [www.hurlstoneparkwanderers.com.au/](http://www.hurlstoneparkwanderers.com.au/)

Facebook: <https://www.facebook.com/HurlstoneParkWanderers>

Twitter: [@HPWanderersFC](https://twitter.com/HPWanderersFC)

Instagram: [@hurlohpw](https://www.instagram.com/hurlohpw)

Email: [newsletter@hurlstoneparkwanderers.com.au](mailto:newsletter@hurlstoneparkwanderers.com.au)







## Hurlstone Park Wanderers Shop now online

A reminder that with the help of our sponsor Stanno, the Hurlstone Park Wanderers Teamwear shop is now online.

You will be able to purchase a range of club, match day and training wear for players, coaches, managers and supporters. Our goal is to have you and your team fitted out and recognisable in a common club style and look.

register log in 0 items : \$0.00

**STANNO** HOME ABOUT US COLLECTION BLOG CONTACT

HURLSTONE PARK WANDERERS

ETANNO HURLSTONE PARK WANDERERS FOOTBALL CLUB 1924 TEAMLINES

### HURLSTONE PARK WANDERERS

VIEW ALL | PLAYERS | COACHES & MANAGERS | SUPPORTERS | GOALKEEPERS | ACCESSORIES

Teamwear and Accessories are available to players, goalkeepers, coaches, managers and supporters. Items include T-shirts, Polo shirts, Tracksuits, Training Tops, Training pants, All Weather Jackets, Training Hats (Beanies), Shoe Bags, Back Packs, Sports Bags and Trolley Bags.

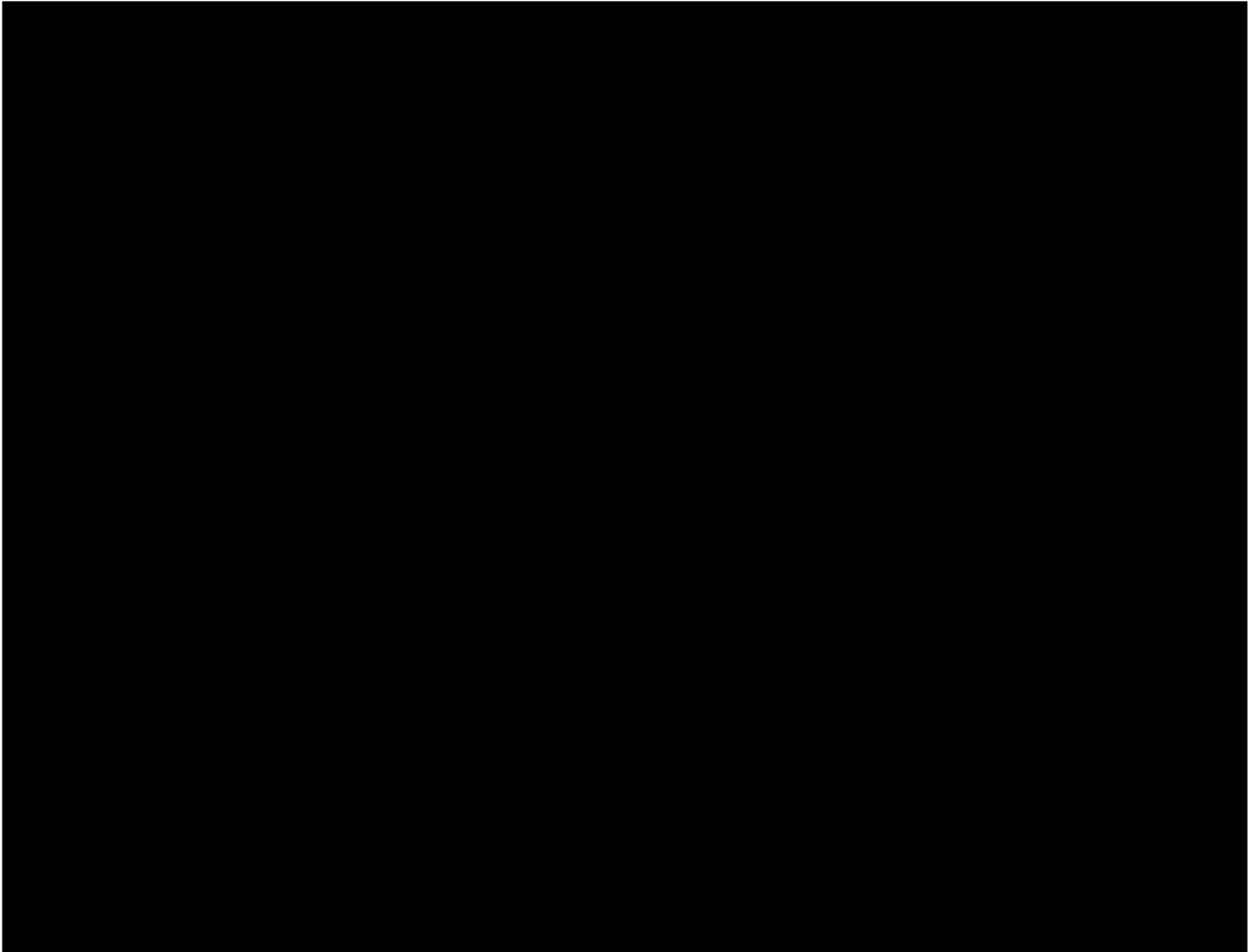
Visit the online shop at:

<http://www.stannoaustralia.com.au/team-catalogues/hurlstone-park-wanderers> or  
<http://hurlstoneparkwanderers.com.au/hurlo-shop/>



## Extra Time Football Fun

For this month's Extra Time Football Fun, can you spot the five (5) differences in the two photos below?



Source: @HTGIFA

*Hint: Answers on page bottom on page 4.*





## Preparing for the Season

With the first game day fast approaching, the following will provide you with up to date information relating to the draw, results, tables, field locations and where to check field status with regard to wet weather for both training night and game days.

*Draw, Results and Tables* - The Canterbury District Soccer Football Association (CDSFA) maintains the competition draw via their website, for all non-Small Sided Football. To view the draw for all games, results and tables click [here](#)

*Playing Fields* - Click [here](#) for addresses and maps for CDSFA fields.

*Wet Weather Game Day* - Click [here](#) to check CDSFA ground status for playing fields.

*Wet Weather Training* - Click [here](#) or call 9718 7666 to check or Canterbury council ground status.

Please note that if the ground is showing closed, no games or training can take place. This is policed by the council, and the club can be penalised severely. Players and coaches are also not covered by the club's insurance if the grounds are closed.

*Rules of the Association* - For CDSFA rules click [here](#)

*Match sheets:* We will send the link to managers each week to print out and bring to the game. Ensure they are signed by the ref (even if away team); bring your copy back to the Canteen at Ewen.

*Results and Referee Payments Submission Form* - Please use [this form](#) to submit your results and referee payment reimbursement claim

*What if there is no referee?* If there is no referee appointed to the game, you and the opposition must agree on a volunteer referee. Once you've agreed, this person has all the powers of a CRA referee. Don't pay a volunteer referee.

*BBQ Duties:* Remember we have a barbecue each weekend at Ewen Park – we will ask our players and parents to volunteer at this at least once during the season, but you might also want to allow for a breakfast or morning tea/lunch sausage for the kids!





## Preparing for Game Day

We would like to remind all of our players, coaches, managers and supports to make Game Day an enjoyable experience for all. It is important to remember that:



- We are all representing Hurlstone Park Wanderers and we agree to the club's Code of Conduct.
- Encourage supporters to attend games, however ensure that your spectators offer positive encouragement.
- RESPECT Officials – always – they are human, and some are kids.
- Assist with Field Set-up or Pack-up if you are the first or last game on any field – be there in time to do this (45 minutes before kick-off), and pack up before any post match post-mortems or celebrations.
- Support the Club via our volunteer run Canteens and BBQ (i.e. stop in pre or post game for a drink or some thing to eat rather than the local shop).
- Bring your Shorts, Socks, Shin pads and a water bottle (also kit-up with teamwear from our online shop).
- Comply with CDSFA rules relating to no jewellery.
- No card, No play, No exceptions. If you take your card for any reason remember to bring it for your next game.
- Be ready to take the field 5 minutes before kick-off.
- Stay Social – send us scores updates, photos and team stories for Facebook, Twitter, Instagram and future editions of the newsletters.

### *Player, Coaches and Manager Pledges*

We pride ourselves on being a community club that promotes playing football in an inclusive manner, with respect for opponents, officials, and for the love of the game. This month, we include at the end of the newsletter the *Players* and the *Coaches and Managers Pledge*. We remind you that whether you are a player, coach, manager, parent or supporter that the Club promotes fair play towards fellow players and has a zero-tolerance approach to inappropriate conduct towards match officials at all levels.

## OUR GOAL: ZERO REDS

Each year the CDSFA awards the 'Fair Play Award' to the club that has had the least number of Red and Yellow cards. It is our goal to rank highly in this award this season.

Our goal this season is to receive Zero Red Card.

We would like to reminder all players that we have a ZERO Tolerance policy in place.







## Reminder of the Players Pledge



In applying for registration as a player with the Hurlstone Park Wanderers Football Club, I will comply with this Code of Conduct in all respects. I also understand that any breach of the Code of Conduct may result in sanctions being imposed upon me. These may include:

- Warnings either verbal or in writing
  - Ejection from the field of play/stadium
  - A fine or suspension imposed by the Club
  - A fine or suspension imposed by the Canterbury District Soccer Federation
  - Expulsion from the Club
  - And/or Legal proceedings As a member of a team associated with the Hurlstone Park Wanderers Soccer Football Club as well as abiding by the Rules and Regulations of the Club and CDSFA.
- I will always play by the rules
  - I will never argue with an official.
  - If I disagree with a decision I will inform the captain, coach or manager during a break or after the competition
  - I will control my temper. I understand that verbal abuse of officials and sledging other players and deliberately distracting or provoking an opponent are not acceptable or permitted behaviour's in any sport
  - I will work equally hard for myself and /or my team
  - I will be a good sport and applaud all good plays whether they are made by my team or the opposition
  - I will treat all players in my sport as I like to be treated.
  - I will not bully or take unfair advantage of another player
  - I will cooperate with my coach, team members and opponents
  - I will display modesty in victory and graciousness in defeat
  - I will not arrive at the field intoxicated
  - I shall not consume alcohol at junior matches
  - I will respect the rights, dignity and worth of all people involved in the game, regardless of their gender, ability, cultural background
  - I will thank the opposition and officials at the end of the game.

In applying for registration as a player of the Hurlstone Park Wanderers Football Club, I acknowledge that I have read and agree to comply with the above Code of Conduct and accept that breaches of the Code carry consequences under the Code, and the Constitution, Rules and Regulations of the Canterbury District Soccer Federation Association and of its members and affiliated Clubs.



## Reminder of the Coaches and Manager Pledge

In applying for registration as a Coach or Manager with the Hurlstone Park Wanderers Football Club, I will comply with this Code of Conduct in all respects.

I also understand that any breach of the Code of Conduct may result in sanctions being imposed upon me. These may include:

- Warnings either verbal or in writing
  - Ejection from the field of play/stadium
  - A fine or suspension imposed by the Club
  - A fine or suspension imposed by the Canterbury District Soccer Federation
  - Expulsion from the Club
  - And/or Legal proceedings As a member of a team associated with the Hurlstone Park Wanderers Soccer Football Club as well as abiding by the Rules and Regulations of the Club and CDSFA.
- I will always play by the rules
  - I will never argue with an official.
  - If I disagree with a decision I will understand that officials, like coaches/managers can make mistakes.
  - I will control my temper. I understand that verbal abuse of officials and sledging other players and deliberately distracting or provoking an opponent are not acceptable or permitted behaviours' in any sport
  - I will be a good sport and applaud all good plays whether they are made by my team or the opposition
  - I will treat all players in my sport as I like to be treated.
  - I will not bully or take unfair advantage of another player or official
  - I will cooperate with my team members and opponents
  - I will display modesty in victory and graciousness in defeat
  - I will not arrive at the field intoxicated
  - I shall not consume alcohol at junior matches
  - I will respect the rights, dignity and worth of all people involved in the game, regardless of their gender, ability, cultural background
  - I will thank the opposition and officials at the end of the game

In applying for registration as a Coach/Manager of the Hurlstone Park Wanderers Football Club, I acknowledge that I have read and agree to comply with the above Code of Conduct and accept that breaches of the Code carry consequences under the Code, and the Constitution, Rules and Regulations of the Canterbury District Soccer Federation Association and of its members and affiliated Clubs.

