

# The Wanderer

July 2018



## Presidents Message

Greetings, Well what a wonderful month of football, with the men's world cup. Excitement, disappointment, showing what is best with the game, great goals, wonderful saves, and at times, what the game can do without (see arguing with the referee, rolling around on the floor). Nevertheless, it was a wonderful sporting event, and I am sure many sleepless nights were had by many a Hurlo person.

The highlights for June, have been another successful 'Everyone can play day', where those who love the game, are able to come down to Ewen Park, join a team, and have a sensational afternoon of football. Congratulations to Robin and her 'team of volunteers', who organised, and executed a day that the participants enjoyed immensely.

Our volunteers night was run a few weeks ago, and was a great night for all our volunteers, from coaches/managers, age-coordinators, ground managers, canteen managers and helpers, committee members, results coordinator, gear manager, referee payment administrator, all getting together to share a drink and discuss all things football. We also presented all our coaches and managers with new jackets, to ensure that the brand of the Hurlo lion shines across the district.

Thank you to all our volunteers, without you the club does not operate. The committee has been busy putting together a plan for better facilities, better lights for Ewen and Beamen, and better sheds at Ewen. It has been a long journey, with many false starts, and a council amalgamation, has led us back to the beginning of this exercise once again. We are looking for people to design shed plans for Ewen Park that may be either, replacing the current sheds, refitting the current sheds, or knocking the sheds down, and digging out the hill and running a building along the side of Ewen 1. If you are an architect, married to one, or next-door neighbours to one, then please ask them if we can engage them to create a design that will be fitting for the 100<sup>th</sup> anniversary of Hurlstone Park Wanderers. We have spoken to the CDSFA and will be speaking to council, we have answered Football NSW surveys, and we have participated in a facilities survey with the local associations, so we are building a strong case for the upgrade of Ewen Park.

The month of July will see some teams season end, and some teams who make the finals, run through to August. We wish all teams the very best of luck, enjoy your football, and wear the blue and white with pride, and keep a look out for the family day at the end of the August.

Mark Higgins, President

Email: [president@hurlstoneparkwanderers.com.au](mailto:president@hurlstoneparkwanderers.com.au)

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## Key dates for 2018

|  |
|--|
| Mid July—Mid August Kitbag for Kids                |
| 28 July - Free Heartbeat of Football Health Checks |
| 18th/19th Aug - Final weekend of CDSFA competition |
| 25th Aug - Family Fun Day / Presentation Day       |
| 26th July - Everyone Can Play Day                  |



## Free Heartbeat of Football Health Checks

Hurlstone Park Wanderers has teamed up with Heartbeat of Football to provide all club members a free heart health testing day on Saturday, July 28 at Ewen Park.

Heartbeat of Football, one of our supported Charity Round charities for the last two years, is a not-for-profit organisation established in early 2016 by Andy Paschalidis, a former Hurlstone Park Wanderers himself in his younger days. Heartbeat of Football aims to promote healthy hearts and lifestyle choices in sport via player education, the minimisation of health risks and the installation of defibrillators on all sporting fields around the country. There is a tendency to focus on health issues only after a tragedy. Heartbeat of Football would like to change this by proactively preparing as many people as possible for such an event as ever-increasing members of community see the benefits of, and enjoy taking part in, amateur sport. As a club we are fully supportive of their efforts and also raising awareness of the health of all our members.

Heartbeat of Football Health Check booths will be open to all players, coaches, managers, supporters, volunteers and friends.

The Health Check Booth test for blood pressure, cholesterol and glucose levels with results and if needed recommendations for further GP checks provided. There is no fee, nor are appointments or bookings required. Just turn up to Ewen on the day. Check our website, Facebook, Twitter and Instagram accounts for timings or email us for more information.

We encourage all members over the age of 30 to come down. [heartbeatoffootball.com.au/](http://heartbeatoffootball.com.au/)



Congratulations to everyone who participated in our World Cup Tipping Competition. Winners for this tournament were:

- 1<sup>st</sup> – Felix from the 45/4A's
- 2<sup>nd</sup> – Eamon from the 45/4B's
- 3<sup>rd</sup> – Steve Sentas

Best-placed Hurlo team – O30W2B's



## Everyone Can Play

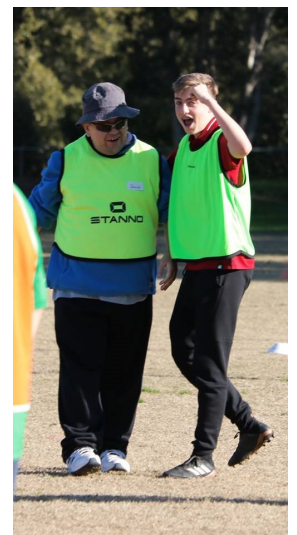
On June 23 Ewen Park was filled with music, laughter and cheers as we hosted one of our favourite days of the year, Everyone Can Play Gala Day. This event has become the highlight of the football season for many of the Hurlstone Park Wanderers Football Community.

This year we had 30 adult and teenagers participants come and join in the fun from a range of organizations including Marrickville Red Devils All Abilities team, Windgap Warriors, Marrickville Respite Service and Catholic Care. Many of our guests have been to our previous gala days and upon arrival were asking about when the next one would be! This is the best feedback we can receive. The joy experienced by everyone involved can be seen in the photos. It was wonderful to see so many people from the Hurlstone Park Wanderers community there to help and especially great to see so many of our young players come along and take part.

Thank you to everyone who came along to help be part of the mixed teams and cook the sausages for our guests. A special thanks to the following young men William Fleming, Luca Fleming, Jude Price, Jackson Mitchell Lane and Benjamin Tartak who have been part of all our Everyone Can Play Gala Days.

One of our volunteers had this to say about the afternoon "that is the best day of football I have ever experienced. I am so glad I came down and played."

We are planning our second Everyone Can Play Gala Day for August 26<sup>th</sup>. This day will be for younger players aged 5- 13. If you didn't get to come along on June 23<sup>rd</sup> make sure you put that date in your diary!





HURLSTONE PARK  
WANDERERS FC



# R&W Hurlstone Park PROUD SPONSORS

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IN  
HURLSTONE PARK  
SINCE 1971**



# R&W

## Hurlstone Park

9558 0322 | [rawhurlstonepark.com.au](http://rawhurlstonepark.com.au)



## Volunteer Thank You Night

Our volunteers night was run a few weeks ago, and was a great night for all our volunteers, from coaches, managers, age-coordinators, ground managers, canteen managers and helpers, committee members, results coordinator, gear manager, referee payment administrator, all getting together to share a drink and discuss all things football.

Thank you to all our volunteers for all the support that you each provide. From small things, big things grow and as a community based grassroots club without your assistance and time we would not be able to ensure our teams are able to run onto the field each week.





## Team of the Week—u9/3As

Our u9/3a recently enjoyed a wonderful Sydney Winter day. When playing away from Ewen, Football on the harbour foreshore isn't a bad road trip at all.



*Extra Time Football Fun Answer: 1152*

# Super 6 Soccer 2018/19 Summer Season Registration Window is now open



**SUPER 6 SOCCER**



## Our new 6-a side summer season is now open

The excitement of the world cup is in the air. Our online registration is now open. Register your team now and save with our incredible super early bird discounts.

## Our comps are for all

All ages and levels, great venues and professionally run. Come to where all the teams play on the largest fields and the best referees. Fun, fitness and skill development.. or just a kick around with mates.



## Adult and junior comps

Over 2000 teams since 2007. We invented the game. Voted 'best comp by a country mile'. Now with 2 comps for the kids over summer. Register for 2 or more and save a bundle.

## 4 Sydney locations

Croydon, Maroubra, Kareela and Castle Hill. See [www.super6soccer.com.au](http://www.super6soccer.com.au) for all the details including all the kick off dates, days played, and registration cut-off times. Get in early so you or your football crazy children don't miss out!



[Super 6 Soccer website](http://www.super6soccer.com.au)

[Register now](#)

## Welcome to our Aldi Mini Roos

In June we were pleased to welcomed our inaugural group of MiniRoos to the club. Aldi MiniRoos is an introductory programs for boys and girls aged between four and nine years old who have previously not played club football. Welcome to a lifetime of Football to all our MiniRoos.



## Save the Date: Family Fun and Junior Presentation Day

Our Annual Family Fun and Junior Presentation day will be held on August 25<sup>th</sup> at Ewen Park from 11:00- 3:00pm.

This is a great way to end a wonderful season of football. There will be something for everyone to do including a jumping castle, soccer darts and an inflatable obstacle course.

We will also have 6 a side fields set up for a Round Robin competition!

We will be handing out our 2018 #Gohurlo t-shirts, 5/10 year service awards and Coach's player of the year trophies for teams from Under 8 Girls, U9s through to U16's.







Just a friendly reminder...

## Kitbag for Kids Campaign

Until the end of the season we will be supporting the *KitBag for Kids* Charity.

*Kitbag for Kids* goal is to ensure no child in Australia forgoes the opportunity to play sport due to the lack of a footy shirt or a pair of boots. If you have any old football gear that you no longer need lying about the house, look out for the *Kitbag for Kids* Yellow Drop off Bins at Ewen and Beaman ovals.

For more information visit: [www.kitbagforkids.org](http://www.kitbagforkids.org)

# KIT BAG FOR KIDS

Help Hurlstone Park Wanderers support disadvantaged children across Australia.

Donate spare boots, shorts, trainers, shin pads and replica football jerseys

**IT'S EASY TO GET INVOLVED!**





HURLSTONE PARK  
WANDERERS FC



We have helped  
**over 200 women**  
through their  
pregnancies



Our clinic has  
helped over  
**4000 patients**  
in the last  
8 years

We have  
gone from a  
one man  
show to a  
**team of**  
**9**



The  
youngest person  
we have treated  
was **3 weeks old**



We have  
provided  
**soccer club**  
**sponsorship** over  
the last **6 years**



The **oldest**  
person we  
have treated  
was **92**



We have supported  
**6 local schools** in  
fundraising on over  
10 occasions



We have supported  
the Dulwich Hill &  
Marrickville Fair  
for the last  
**7 years straight**

We have  
donated over  
**\$20,000**  
to local charities in  
the last 5 years

**Why? We love our community and  
we want it to thrive and be healthy!**  
Our journey continues, let us be part of yours!



Dulwich Hill **Chiropractic**  
& **Therapeutic Centre**



**Terry Wong**  
Coaching Co-ordinator

Email: [coaching@hurlstoneparkwanderers.com.au](mailto:coaching@hurlstoneparkwanderers.com.au)

Staying motivated!

As we approach the tail-end of the season, there are some teams who are making a play for finals, others who are out of contention and some who have had a tough season and looking forward to wrapping the season up.

Whatever situation you are in, maintaining motivation is important to make sure you get the most out of the season.

- For those teams in finals contention, you probably don't need much motivation to continue performing. Best of luck. Irrespective of the final outcome, remember that it's about playing to the best of your ability and enjoying the process.
- For those teams who are out of contention, are in non-competitive age groups or simply playing for fun, make sure you keep it so. Mix it up a little. For coaches, hand it over to the players to run a Training session, organise games against other teams or versus parents.
- For those who have had a tough season, hang in there. For your remaining games, stay positive, go out there and put your best foot forward. Focus on things that will increase your enjoyment on the park. Simply having positive attitude and a smile on your face can actually influence your performance .



# NEEDED GROUND MANAGERS

Honorary position - April to August - Weekends



**Ground Managers** have an essential role in ensuring football is played throughout the season. It's a great way of enjoying a small part of your weekend amongst local families in the open air at the newly turfed Ewen Park, Beaman Park & Blick Oval.

*Does this sound like something for you?*

Being a Ground Manager involves:

- Supervising parents setting up and packing away field equipment
- Supervising games
- Open and lock change rooms
- Available either Sat/Sun; 8am-12:30pm or 12:30pm to 5:30pm

All training and support is provided by experienced Ground Managers

\* Honorary - payment for services normally volunteered

For all enquiries, contact Robin Hawkes on 0411 744 865 or  
[volunteers@hurlstoneparkwanderers.com.au](mailto:volunteers@hurlstoneparkwanderers.com.au)





## Sponsorship Opportunities

Hurlstone Park Wanderers is a not-for-profit local sporting organisation and one of the largest football clubs in the Canterbury District.

Sponsorship opportunities are available to businesses and organisations. By sponsoring the club, you are supporting a leading local sporting club and making a vital contribution to our community. Sponsorship creates goodwill and links your business with positive community experiences.

Sponsorship allows for investment in equipment and facilities to support our players and ensure a successful future. It is an opportunity to have your brand associated with a community run club with over 1400 registered players.

If you are interested or know of any business that would be interested in sponsoring the Hurlstone Park Wanderers, please contact: [sponsorship@hurlstoneparkwanderers.com.au](mailto:sponsorship@hurlstoneparkwanderers.com.au)

## Travelling Hurlo of the Month

This month's travelling Hurlo's are Ned and Marty from our 35's with the kids being sun safe in their #forthehurl Charity Round Kits in the ocean at Prigadica on the island of Korcula, Croatia.

Taken during the World Cup, the trip was very much Swim. Grilled Meat. Football. Sleep. Repeat.

If you have a travel photo in your Hurlstone Park Wanderers gear and would like to be the 'Travelling Hurlo of the Month', send them through via the email address below or post them to our Facebook, Instagram or Twitter accounts.

Travelling soon and don't have any Hurlo gear or merchandise packed? Remember you can stock up on Hurlo gear via our online shop at: [hurlo-shop/](http://hurlo-shop/)



## Keep in touch via Facebook, Twitter and Instagram

Whilst we will endeavour to keep the website up to date and publish a monthly newsletter through the season, we would like to encourage all players, coaches, managers, parents and supporters to keep in touch via Facebook, Twitter, Instagram or email. Feel free to ask a question or send photos, scores and share stories from your team throughout the season.

Website: [www.hurlstoneparkwanderers.com.au/](http://www.hurlstoneparkwanderers.com.au/)

Facebook: <https://www.facebook.com/HurlstoneParkWanderers>

Twitter: [@HPWanderersFC](https://twitter.com/HPWanderersFC)

Instagram: [@hurlohpw](https://www.instagram.com/hurlohpw)

Email: [newsletter@hurlstoneparkwanderers.com.au](mailto:newsletter@hurlstoneparkwanderers.com.au)





## Hurlstone Park Wanderers Shop now online

A reminder that with the help of our sponsor Stanno, the Hurlstone Park Wanderers Teamwear shop is now online.

You will be able to purchase a range of club, match day and training wear for players, coaches, managers and supporters. Our goal is to have you and your team fitted out and recognisable in a common club style and look.

register log in 0 items : \$0.00

**STANNO** HOME ABOUT US COLLECTION BLOG CONTACT

HURLSTONE PARK WANDERERS

ETANNO HURLSTONE PARK WANDERERS FOOTBALL CLUB 1924 TEAMLINES

HURLSTONE PARK WANDERERS

VIEW ALL | PLAYERS | COACHES & MANAGERS | SUPPORTERS | GOALKEEPERS | ACCESSORIES

Teamwear and Accessories are available to players, goalkeepers, coaches, managers and supporters. Items include T-shirts, Polo shirts, Tracksuits, Training Tops, Training pants, All Weather Jackets, Training Hats (Beanies), Shoe Bags, Back Packs, Sports Bags and Trolley Bags.

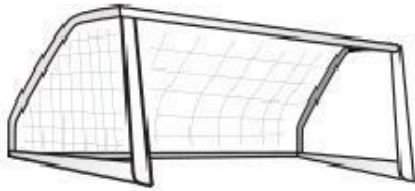
Visit the online shop at:

<http://www.stannoaustralia.com.au/team-catalogues/hurlstone-park-wanderers> or  
<http://hurlstoneparkwanderers.com.au/hurlo-shop/>

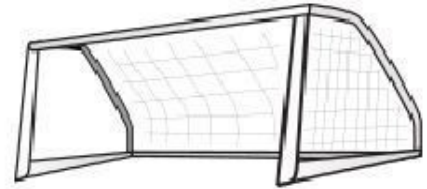


## Extra Time Football Fun

This month we combine a little bit of mathematics with a little bit of football. The challenge: Choose the correct goal for each question and tally the number of goals scored.



**Goal 1**



**Goal 2**

|     |   |           |   |     |
|-----|---|-----------|---|-----|
| 92  | « | $65 + 27$ | » | 94  |
| 174 | « | $85 + 89$ | » | 169 |
| 106 | « | $57 + 50$ | » | 107 |
| 93  | « | $44 + 49$ | » | 85  |
| 36  | « | $15 + 29$ | » | 44  |
| 142 | « | $75 + 68$ | » | 143 |
| 91  | « | $10 + 85$ | » | 95  |
| 55  | « | $43 + 12$ | » | 63  |
| 156 | « | $84 + 72$ | » | 150 |
| 193 | « | $99 + 94$ | » | 200 |

Goals Scored: \_\_\_\_\_

Answer on bottom of Page 6