



Return to Training Plan : 1 June 2020

Overview	This document sets out the HPWFC policies and procedures to ensure that the club can return to football training in accordance with NSW government and Football NSW safety guidance, policies and procedures
Aims	<ul style="list-style-type: none">• Protect the safety of all members of the club and their families from transmission of COVID19 infection• Ensure that all club members adhere to the guidelines for the return to community sport
Relevant guiding documents	FNSW Return to Training Guidelines CDSFA Covid-19 Stage 1 Return to Training Conditions FNSW Responding to Football Injuries during Covid-19 Public Health (COVID-19 Restrictions on Gathering and Movement) Order (No 2) 2020
Coverage	This policy covers guidelines for parents, players, volunteers and other club members in relation to return to training only.
Attendance at training	<p>Only essential personnel are to attend training – players, team officials, essential volunteers (including ground managers supervising adherence to guidelines)</p> <p>Players should arrive no more than 5 minutes prior to the commencement of training, and depart promptly at the end of training.</p> <p>Anyone who is unwell, has COVID19 symptoms, is awaiting COVID19 test results, or who suspects they may have been in contact with a COVID19 case must not attend training</p> <p>Players are to enter and leave the pitch in a timely manner minimising contact and large gathering. No social activities to occur once training has concluded.</p>

Conduct of training	<p>Each team will train on a quarter pitch (with space between pitches); no more than 10 people including the coach to be on each quarter pitch.</p> <p>Players, coaches & volunteers, once allocated to a quarter pitch are unable to move to another pitch or co-mingle with participants from another group.</p> <p>Social distancing is to be maintained – at least 1.5m between people at all times.</p> <p>All activity and training must be non-contact, with no activities such as tackling or challenges.</p> <p>Heading drills must be minimised and picking up the ball and throw ins must be discouraged.</p> <p>Regular breaks are provided so that players can hydrate and use hand sanitiser.</p> <p>Training is voluntary for all participants. All participants must respect the right of individuals to participate in training.</p>
Equipment	<p>Any handling of equipment is to be kept to a minimum</p> <p>All equipment (e.g. cones, portable goal posts, balls) should be cleaned after use, and between use by teams</p> <p>If training bibs are used, each individual player is to be allocated a bib and they are responsible for taking the bib home to wash and return; we encourage drills that do not require players to use bibs</p>
Facilities	<p>The club facilities (change rooms, canteen) will not be open during training except where this is the only toilet access.</p> <p>Public toilets at the fields will be open. Facilities should be wiped down with disinfectant wipes after use. Soap and hand sanitiser must be available.</p> <p>The club will provide hand sanitiser at designated spots (at entry and exit and around the fields) but players are also encouraged to have their own hand sanitiser available.</p> <p>Surfaces are to be wiped down regularly during training.</p> <p>Bins must be available for disposal of wipes/tissues and other rubbish.</p>
Training allocation	<p>The training allocation is being updated to ensure that all teams wishing to train will have access to a field for at least a 45 minute training slot.</p> <p>Each training space will be ¼ pitch per 10 participants.</p> <p>Teams must adhere to the 10 participants (including coach) per ¼ pitch. For teams with more than 10 players, two spaces will be available (over two training spots per week or two spaces on the same night).</p> <p>Players and coaches must not intermingle between training spaces.</p>

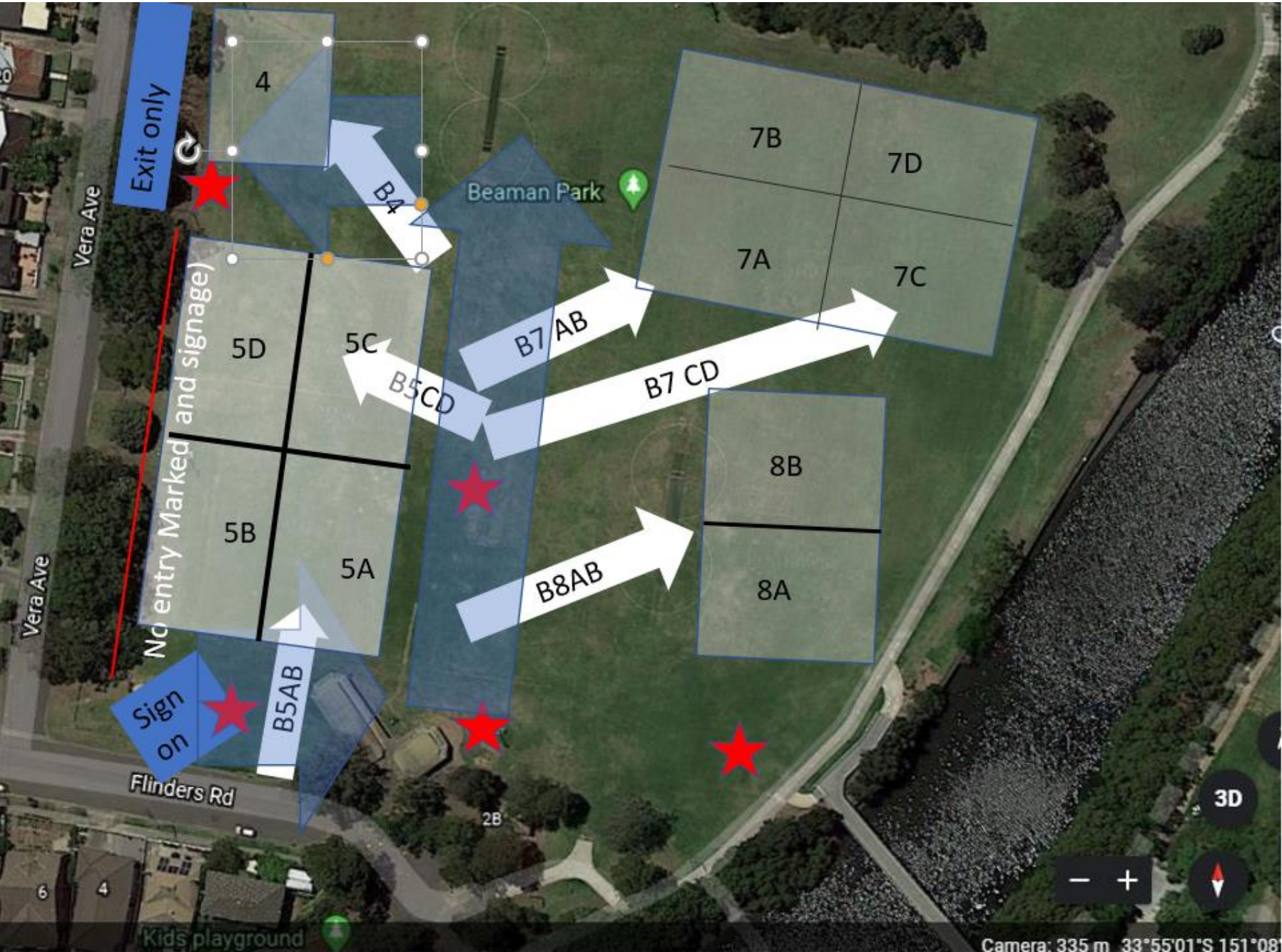
Responsibility of coaches and managers	<p>Coaches and managers for teams must ensure compliance with the training, equipment and attendance guidelines.</p> <p>Coaches and Managers will need to:</p> <ul style="list-style-type: none"> Familiarise themselves with the relevant legislation and guidelines in this document Ensure they are aware of the updated training schedule. Keep a record of all attendance at all training sessions, and ensure this is available to the club, including the COVID19 Safety Officer. Ensure all training drills are based around no more than 9 players. Ensure that there is another volunteer (eg manager or another registered coach) to supervised drills for players where there are more than 9 in a training session. Ensure access to hand sanitiser for the use of volunteers and players Sanitise balls at the start/end of training <p>Additional information on conducting COVID19 safe drills and training sessions are available for coaches from the CDSFA.</p>
Responsibility of players	<p>It is essential that all players comply with all requirements.</p> <p>Players must:</p> <ul style="list-style-type: none"> Familiarise themselves with the relevant legislation and guidelines in this document. Arrive no more than 5 minutes prior to training commencing. Come dressed and prepared to train, including own bib if required. Bring their own clearly labelled drink bottle. Sharing of drink bottles is not permitted. Leave the training venue immediately once their training session has concluded. Wash or sanitise hands before and after, and during breaks in training.
Responsibility of parents	<p>It is essential that all players comply with all requirements.</p> <p>Parents must:</p> <ul style="list-style-type: none"> Familiarise themselves with the relevant legislation and guidelines in this document. For parents accompanying younger players (8-12) they will need to limit their attendance to drop off and pick up and refrain from socialising with other parents/carers. For parents who believe they need to be in attendance while their child is training, they will need to discuss this with the coach, and ensure their attendance does not impact on the 10 participants rule.

Further information	See COVID19 Safety information on our website. Contact COVID19 Safety Officer: President@hurlstoneparkwanderers.com.au MPIO@hurlstoneparkwanderers.com.au For coaches: coaching@hurlstoneparkwanderers.com.au
---------------------	--

Beaman Park Covid Safe Training Access



- All entries from Flinders Rd
 - Sign in and hand sanitation
- All exit via Vera Ave
 - Sanitation on exit
- 5 hand sanitation points on the training space
- Marked 3m wide channels between adjacent ¼ fields
- 15 minute changeover period between training sessions
- Official vested marshals to manage spacing at entry/exit points



-  Traffic flow
-  Sanitation station
-  Training area (1/4 field) access
-  Marked No Entry Area